

Addiction Treatment Starts Here: Learning Session 1

DoubleTree by Hilton Berkeley Marina, 200 Marina Boulevard Berkeley, CA 94710

Wednesday, November 6: 12:00 pm – 6:00 pm (lunch and registration at 11 am)

Thursday, November 7: 8:30 am – 4:00 pm (breakfast and registration at 8 am)

ATSH Objectives & Faculty/Staff

Learning Objectives:

- Understand addiction as a treatable, chronic disease and leverage team-based care strategies to treat addiction in primary care
- Share MAT program models and get input from peers on questions and challenges
- Explore common obstacles to designing or expanding MAT programs and discuss strategies to address those obstacles
- Build or strengthen MAT programs through QI planning and methods
- Learn clinician and staff engagement strategies to address stigma around addiction, and other attitudes and beliefs that can impact the success of MAT programs
- Kick-start prescribing MAT medications for opioid use disorder and learn from experts and peers about the best strategies to manage complex patients
- Learn approaches to train clinicians and staff to provide high quality, compassionate care to patients with addiction

ATSH Learning Session 1 Faculty

- Christina Andrade-Lemus, MSW, SUDCC III, *CommuniCare Health Centers*
- Katie Bell, MSN, RN-BC, CARN, PHN, *ATSH Coach and Consultant*
- Danny Contreras, SUDCC III, *Santa Cruz County Health Services Agency*
- Joey Crottogini, MPH, *Santa Cruz County Health Services Agency*
- Jeff Devido, MD, *Marin County Health & Human Services*
- Bridget Hogan Cole, MPH, *Institute for High Quality Care*
- Chris Hunt, MPH, *Institute for High Quality Care*
- Dominique McDowell, RLPS, SUDCC II, *Marin City Health and Wellness Center*
- Mark McGovern, PhD, *Stanford University School of Medicine*
- Joe Sepulveda, MD, *Family Health Centers of San Diego*
- Frances Southwick, DO, *CommuniCare Health Centers*
- David Tian, MD, MPP, *Alameda Health System*

ATSH Staff

- Meaghan Copeland, *CCI Program Consultant*
- Tammy Fisher, *Co-Director, Addiction Treatment Starts Here*
- Briana Harris-Mills, *CCI Program Coordinator*
- Sandra Newman, *Consultant, Addiction Treatment Starts Here*

Wednesday, November 6: 11:00 am – 6:00 pm

11:00 am –
12:00 pm

Lunch + Registration

Introductions + Warm-Up

12:00 pm – *Tammy Fisher*

12:30 pm In this first session, we'll get to know one another and learn about the roadmap to integrate or expand MAT services in primary care.

Panel: Appreciating Addiction as a Chronic Disease

Joe Sepulveda, Frances Southwick, Dominique McDowell, Christina Andrade-Lemus, Katie Bell

12:30 pm – Dr. Sepulveda will kick off this session by describing addiction as a chronic disease
1:45 pm and the role of primary care in treating opioid use disorder (OUD). He will then moderate a panel discussion with Katie Bell, Dominique McDowell, and team members from CommuniCare's MAT team, focusing on their team-based approach to providing MAT in primary care, including MAT services and care team roles.

ATSH Storyboards: Getting to Know One Another

1:45 pm – Teams will use storyboards as a launching point for discussion and questions about
3:30 pm the current state of each team's MAT services and program design.

3:30 pm –
3:40 pm

Break

Breakout: Improving Prescribing of Medications for OUD

- 3:40 pm –
4:40 pm
- *Breakout A:* Discuss how to select the appropriate medication for OUD and manage starting and maintaining medication. (*Frances Southwick*)
 - *Breakout B:* Learn and apply approaches to manage complex MAT cases, including poly-substance use. (*Joe Sepulveda*)

4:50 pm – **Wrap-Up + Evaluation**

5:00 pm *Tammy Fisher*

5:00 pm –
6:00 pm

Networking Hour

Thursday, November 7: 8:00 am – 4:00 pm

8:00 am –
8:30 am **Breakfast + Registration**

Day 2 Kickstart!

8:30 am – *Tammy Fisher*

9:00 am We'll open the day with a gallery so you can review each team's storyboard, post questions/comments, or request to connect with a team after the learning session.

Team Time: Designing Your ATSH Project

9:00 am – *Bridget Cole, Chris Hunt*

11:30 am Build your ATSH project plan by defining aims, goals, drivers and an action plan for developing or expanding your MAT program.

11:30 am –
12:30 pm **Lunch + Chat & Chows**

Panel Discussion: Phases of MAT Care

12:30 pm –
1:45 pm *Jeff Devido, Katie Bell, Dominique McDowell, David Tian*

This panel will discuss phases of care and stage-matched interventions.

1:45 pm –
2:10 pm **Networking Break + Office Hours with Coaches/Faculty**

Breakout: Building Engagement in MAT Programs

- *Breakout A: Strategies to engage waived providers and designing training programs to support and sustain prescribers. (David Tian)*
 - *Breakout B: Building training programs that change the hearts and minds of staff organization-wide. (Katie Bell)*
 - *Breakout C: Santa Cruz's MAT Program: Deep Dive into Their Program Structure. (Danny Contreras and Joey Crottogini)*
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Team Time: Action Planning

3:15 pm –
3:50 pm *Sandy Newman*

This working session will provide a guide for your team to build a 60-day action plan.

3:50 pm –
4:00 pm **Wrap-Up + Evaluation**
Tammy Fisher
