Addiction Treatment Starts Here: Primary Care

Learning Session 2
September 18-19
Oakland, CA
Addiction Treatment Starts Here: Program Team

Primary Care Collaborative

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Program Partners

• Addiction Treatment Starts Here Coaches
  • Katie Bell
  • Shelly Virva
  • Brian Hurley (Coach and Clinical Director)

• Mark McGovern, Stanford University School of Medicine (Evaluator)

• Bridget Cole and Chris Hunt, Institute for High Quality Care (Quality Improvement Experts)
Increase access to MAT in primary care by working with 58 community health center sites to advance the learning and sharing of best practices in integrating MAT into primary care services through learning collaboratives.
Foundation To Develop and Sustain Strong MAT Programs

**Current State**
- Current approach to MAT
- Learning what works and what could work better in your MAT programs

**Aims**
- Defining SMART aims for your project

**Measures**
- How do we know when we get there
- Specificity and relevancy
Steps to Developing and Sustaining Strong MAT Programs

- **Identify Drivers**
  What are primary and secondary drivers that impact your aim?

- **Design Changes**
  What can you test to effect the drivers for your aims?

- **Test Changes**
  How are you prioritizing what you test?

- **Accelerate Learning**
  Are you testing multiple changes at once? How do you disseminate learning from testing cycles?

- **Implement, Spread, Sustain**
  When do you implement? When are you ready for spread? How do you sustain change?
PDSAs!

- Warm hand-offs to the BH clinician same day
- Group visits/refill groups
- Patient treatment agreements
- Home delivery for meds
- Monthly team meetings
- Contingency management
- P&Ps for screening, referrals and phases of care
- MAT registry
- Process to improve documentation of OUD
- Partnerships with pharmacy
- POC Utox screening
- Patient experience surveys
- Developed care team model – leverage BH roles
- Surveys and training on stigma
- Prescription lock box for meds
- Partnerships with pharmacy
### Aggregate Data – Core Project Measures

At least 80% of teams reported validated data and data demonstrate significant increases in three measures.

<table>
<thead>
<tr>
<th>Measure</th>
<th>Measure Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1</td>
<td># of x-waivered prescribers</td>
</tr>
<tr>
<td>A2</td>
<td># of x-waivered prescribers actively prescribing buprenorphine</td>
</tr>
<tr>
<td>A3</td>
<td>% of x-waivered prescribers of all eligible prescribers in practice</td>
</tr>
<tr>
<td>B1</td>
<td># of patients prescribed buprenorphine</td>
</tr>
<tr>
<td>B2</td>
<td># of patients prescribed naltrexone long-acting injection</td>
</tr>
<tr>
<td>C1</td>
<td># of patients prescribed buprenorphine or naltrexone long-acting injection who adhered for 6 consecutive months</td>
</tr>
<tr>
<td>C2</td>
<td>% of all patients prescribed buprenorphine or naltrexone long-acting injection who adhered for 6 consecutive months</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Measure</th>
<th># of Teams Reporting of 42 Sites</th>
<th>Q1</th>
<th>Q2</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1</td>
<td>38</td>
<td>192</td>
<td>202</td>
<td>5% increase</td>
</tr>
<tr>
<td>A2</td>
<td>38</td>
<td>107</td>
<td>134</td>
<td>25% increase</td>
</tr>
<tr>
<td>A3</td>
<td>34</td>
<td>21% (159/755)</td>
<td>22% (169/757)</td>
<td>1% increase</td>
</tr>
<tr>
<td>B1</td>
<td>38</td>
<td>1,021</td>
<td>1,147</td>
<td>12% increase</td>
</tr>
<tr>
<td>B2</td>
<td>38</td>
<td>93</td>
<td>124</td>
<td>33% increase</td>
</tr>
<tr>
<td>C1</td>
<td>37</td>
<td>199</td>
<td>268</td>
<td>35% increase</td>
</tr>
<tr>
<td>C2</td>
<td>36</td>
<td>53% (196/367)</td>
<td>59% (265/452)</td>
<td>6% increase</td>
</tr>
</tbody>
</table>
# of x-waivered prescribers

# of x-waivered prescribers actively prescribing

= Q1

= Q2 addition

= 10 prescribers
Team Wins!

- 10 x-waivered providers added
- 27 more providers prescribing
- 31 more patients prescribed naltrexone long-acting injection
- 126 more patients prescribed buprenorphine
Highlights – Teams Getting Started!

• **Clinica Oscar Romero:** 0→2 patients prescribed naltrexone long-acting injection

• **FHCSD Downtown Connections:** 0→5 patients prescribed buprenorphine

• **Hubert Humphrey:** 0→2 patients prescribed buprenorphine and 0→10 patients prescribed naltrexone long-acting injection

• **LAC+USC West:** 0→2 patients prescribed buprenorphine

• **West County - Occidental Area:** 0→1 patient prescribed naltrexone long-acting injection
Highlights – Teams Making Great Progress!

PC-A1: Number of x-waivered prescribers

La Clínica de La Raza

PC-A2: Number of x-waivered prescribers actively prescribing

El Dorado Community Health Centers

PC-B1: Number of patients prescribed buprenorphine

Bartz-Altadonna Community Health Center

PC-B2: Number of patients prescribed naltrexone long acting injection

Santa Cruz HSA – North County Clinics
Highlights – Retaining Patients

PC-C2: Percentage of all patients prescribed buprenorphine/naltrexone who adhered for 6 consecutive months

Plumas Rural Health Center

Marin City Health and Wellness
Teams reported the deepest capabilities in Dimension 1 – Infrastructure.
Bodacious Brags and Fabulous Flops!

• What is one win you had since our April meeting?
• What is one thing that didn’t go as planned since the last learning session?
  • 2 minutes: individually reflect, use stickies!
  • 10 minutes: get in a group of 6 people, share what you wrote
  • 5-minute share out from volunteers
## Today’s Focus: Choose Your Learning Adventure

<table>
<thead>
<tr>
<th><strong>Day 1</strong></th>
<th><strong>Day 2</strong></th>
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</thead>
<tbody>
<tr>
<td><strong>Peer Sharing:</strong> More than 25 sites share tangible changes to expand access to MAT</td>
<td><strong>Gallery of Innovations:</strong> Social needs and MAT services tech platforms</td>
</tr>
</tbody>
</table>
| **Plenary:** Safe tapering and transitioning from full agonists to bupe | **Breakouts:**  
  - Trauma-informed care  
  - Managing multiple substances  
  - Pain management |
| **Panel Presentation:** Psycho-social supports for WPC | **Office hours with coaches and experts** |
| **Learning Labs:**  
  - Harm reduction  
  - Co-design with patients and staff  
  - Team-based care | **Chat and chows facilitated by your peers!** |
| **Team Time!** | |
Visit: https://www.careinnovations.org/atshprimarycare-teams/
To access materials for today’s learning session, click **In-Person Learning**. Then click to the first learning session page to find slides, handouts and related resources for all the sessions.

Visit: https://www.careinnovations.org/atshprimarycare-teams/atshpc-learning-session-1/
For questions contact:

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Briana Harris-Mills  
Program Coordinator  
Center for Care Innovations  
briana@careinnovations.org

https://www.careinnovations.org/atshprimarycare-teams/
Questions?
Shift & Share Sessions
12:45 pm - 3:15 pm
## Shift & Share Topics and Locations

<table>
<thead>
<tr>
<th>Topics</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psycho-Social Supports</td>
<td>Empire Room (BDLG 5)</td>
<td>Round 1: 12:55 – 1:55 pm</td>
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<tr>
<td></td>
<td></td>
<td>Round 2: 2:05 – 3:05 pm</td>
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<tr>
<td>Patient Retention in MAT</td>
<td>Pacific Room</td>
<td>Round 1: 12:55 – 1:55 pm</td>
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<td>Round 2: 2:05 – 3:05 pm</td>
</tr>
<tr>
<td>Shared Medical Appointments/Group Visits</td>
<td>Main Ballroom</td>
<td>Round 1: 12:55 – 1:55 pm</td>
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<tr>
<td>Building Community Sector Partnerships</td>
<td>Forum Room (BDLG 5)</td>
<td>Round 1: 12:55 – 1:55 pm</td>
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<td></td>
<td></td>
<td>Round 2: 2:05 – 3:05 pm</td>
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<tr>
<td>Working with Homeless Populations</td>
<td>California Room</td>
<td>Round 2: 2:05 – 3:05 pm</td>
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</table>
Team Time: Reflect & Share Insights
3:15 pm - 3:45 pm
Locations

Office Hours: Meet in Foyer

Gallery of Innovations: Fountain Room
Office Hours
Gallery of Innovations
Team Time

3:55 pm - 4:40 pm
Wrap-Up and Evaluation

4:50 pm – 5:00 pm
Day 1 Evaluation

Thank you for completing this survey. Your feedback will help us to improve the quality of the Primary Care Program. All responses will be kept confidential and only be presented in summary form.

Please complete the evaluation after each session and return to CCI at the end of the day.

Welcome & Overview (12:30 – 12:45)
For the session listed below, please indicate the degree to which you agree or disagree with the statement:

- This session was a valuable use of my time.

<table>
<thead>
<tr>
<th>Strongly Disagree</th>
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<th>Neutral</th>
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Welcome and Overview (Tammy Fisher)

Shift & Share Sessions (12:45 – 3:15)
Please indicate the degree to which you agree or disagree with the following:

- This session was a valuable use of my time.
- I am confident in my ability to apply content from the session to my work in my organization.

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Office Hours, Team Time, Gallery of Innovations (3:15 – 4:40)
Which session did you attend? (select one)
- Office Hours
- Team Time
- Gallery of Innovations

Please indicate the degree to which you agree or disagree with the following:

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What was the most valuable part of today's learning session?

What was missing from the learning session that you hoped would be covered?

Thank you for taking the time to provide your feedback!
Networking Hour

Make new peer connections

Strengthen existing peer connections

Connect with coaches and faculty
Welcome Back

Day 2
Key Insights: 1-2-4-ALL

• 1 minute: Reflect individually, what is one idea you can apply in your practice?

• 2 minutes: Pair up and share your ideas

• 4 minutes: Get in a group of four and share!

Insights to share with the larger group?
What’s in Store for Day 2?

- **Plenary**: Safe tapering and treating pain with or without addiction
- **Breakouts**: Trauma-informed care, managing pain in primary care, and managing medications for patients using multiple substances
- **Chat and Chows**: Peer facilitated, multiple topics
- **Panel Presentation**: Psycho-social supports used in MAT
- **Skill Building Labs**: Co-design with patients, harm reduction in practice and team based care in MAT
- **Team Time & Action Planning**
Rethinking Opioid Tapers, Buprenorphine Induction and Perioperative Buprenorphine

9:00 am – 10:00 am
Breakout Locations

Breakout A: Trauma Informed Care in SUD
Main Ballroom

Breakout B: Managing Medications for Patients Using Multiple Substances
Empire Room (BLDG 5)

Breakout C: Managing Pain in Primary Care
Forum Room (BLDG 5)
Breakouts
10:15 am - 11:30 am
Chat & Chows
11:30 pm – 12:30 pm
Behavioral-Social Interventions to Support MAT Care for the Whole Person

12:30 pm – 1:30 pm
Skill Building Labs
1:40 pm – 3:00 pm
Lab Locations

Lab 1: Team Based Care in MAT
Main Ballroom

Lab 2: Journey Mapping to Engage and Co-Design with Patients
Empire Room (BLDG 5)

Lab 3: Harm Reduction Skills Training
Forum Room (BLDG 5)
Team Time

3:00 pm – 3:45 pm
Wrap-Up & Evaluation

3:45 pm - 4:00 pm
What’s Next?

Mid-Point Capability Assessment due Nov 15
Motivational Interviewing Trainings
January 15 (OAK); January 23 (LA)

• 1-Day Introductory Workshop

• Training Facilitated By: Steven Malcolm Berg-Smith, MS, MINT

• Deadline to Register October 1st
Optional ATSH Webinars

Warm Line Webinar: 24/7 Tele-Consultation Support For Clinicians: Expanding Access to Medications for Substance Use Disorder Treatment led by Carolyn Chu

October 15

Training your organization on Addiction and MAT
Webinar led by Coach Katie Bell
Registration info coming soon

December 11
Communication Tools

Weekly eUpdate (sent every Friday)

Calendar invites for big events

CCI Program Page
Day 2 Evaluation

Addiction Treatment Starts Here: Primary Care
In-Person Learning Session #2
Day 2 Evaluation

Thank you for completing this survey. Your feedback will help improve the quality of the ATjad Program. All responses will be kept confidential and only be presented in summary form. Return this to CCI at the end of the day.

Rethinking Opioid Tapers, Buprenorphine Induction and Perioperative Buprenorphine with Anna Lembke [9:00 – 10:00]

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Breakout Sessions: [10:15 – 11:30]
Which breakout session did you attend? (select one)
- Breakout A: Trauma-Informed Care in SUD (Rachel de Leon)
- Breakout B: Managing Medications for Patients Living Multiple Substances (David Goe)
- Breakout C: Managing Pain in Primary Care (Brian Hurley, Christina Lasich, Katie Bell)

Please indicate the degree to which you agree or disagree with the following: (select one response per row)

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Panel Presentations: Behavioral-Social Interventions to Support MAT Care for the Whole Person [12:30 – 1:30]

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<td>○</td>
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What are 3-5 actions that will you take as a result of attending the convening?

Thinking about the convening overall, what sessions or other aspects of the convening were most valuable to you?

What could we have done differently or better?

What MAT-related topics do you and your team need support on? What technical assistance can CCI provide that would enable you and your team to accelerate improvement in these areas?

Any other comments/suggestions?

Thank you for taking the time to provide your feedback!
Thank you for joining us!

For questions contact:

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