



**Addiction Treatment Starts Here: Primary Care
Wave 2
Site Visits
Winter 2020**



Instructions

ATSH:PC, Wave 2 teams should:

1. Read through the site visit information in this document.
2. Complete your team's preferences here <https://www.tfaforms.com/4774476> **by Friday, November 29.**
 - Site visits inspire and help you learn practical approaches from others, while giving you time as a team to strengthen your teamwork and taskwork. Your team will attend a site visit together; there isn't an opportunity to split your team across multiple site visits.
 - Site visits are optional. We encourage you to select *up to three individuals* from your core team that would benefit most from the site visit; at least one person should have decision-making authority to try out new ideas in your organization. Contact Tammy or Briana if you have questions about who should attend.
 - You'll be asked to share your rationale for your top choices so we can match expectations for what you hope to learn and what our site visits have to offer.

CCI will:

3. Match teams to site visits **by Friday, December 6.** You will be matched based on your preferences, alignment with your team's goals, and space available. You'll then receive registration information.

General Site Visit Information

Site Visit Size and Selection

Your team will be matched to **one** site visit, and three members of your team will be able to attend. Each site visit can hold between 8 - 12 individuals from our ATSH:PC, Wave 2 network.

What Happens During the Site Visit

All host sites review their organization's care team model, leadership structure, and MAT processes and systems. The structure of the site visits allow for Q/A, small group discussions, clinic tours, and opportunities to speak with different members of the care team.

Logistics

- Breakfast or lunch will be provided at the site visit by the host organization.
- You will be responsible for all travel costs (flights, hotel, other transportation and other meals). You may use the funds from your ATSH:PC, Wave 2 grant award to cover travel expenses.
- All site visits will be a half day, (approximately 4 - 6 hours). When saving the date, **allow ample travel time**. More travel details will be provided once you've been matched with a site visit.

Site Visit Hosts



Boston Medical Center

Date: February 26, 2020

Location: Boston, Massachusetts



MAT Services and Organization Description

The Massachusetts Model for Office Based Addiction Treatment (OBAT)

In 2003, Boston Medical Center established the OBAT Program, to address key barriers in integrating buprenorphine treatment in office-based practices.

Nationally recognized and nationally replicated, the BMC OBAT Program has been treating patients for over 16 years using a collaborative care model that relies on nurse care managers to ensure delivery of high-quality addiction treatment while effectively and efficiently utilizing the time of providers waived to prescribe buprenorphine.

Visit their website: <https://www.bmcobat.org/>

Dubbed the “Massachusetts Model,” BMC’s OBAT Program now serves as a model of service delivery for facilitating access to life-saving treatment and improving treatment outcomes in patients with opioid use disorders. BMC’s OBAT Program, integrated into its primary care and specialty outpatient clinics, enables patients to receive care for substance use disorders similar to the way that other chronic medical conditions are managed. BMC’s OBAT Program serves over 800 patients at any given time and is the largest hospital-based opioid treatment program in New England.

The BMC OBAT model is effective at increasing access to evidence-based treatment for addiction as well as improving the quality of care provided to patients with substance use disorders. Under BMC's leadership the STATE OBAT Program treated over 16,000 patients for substance use disorders in 2017.

El Dorado Community Health Center

Date: February 18, 2020

Location: Cameron Park, California



MAT Services and Organization Description:

El Dorado Community Health Center (EHCHC) serves approximately 9,000 patients each year in El Dorado County. The center's focus is to provide exceptional health care for every age. EHCHC accept most private insurances, Medi-Cal, Medicare, Covered California, the under-insured, and those without insurance. EDCHC provides a full range of family medicine services.

EDHC MAT services are integrated into primary care and delivered through a multi-disciplinary team. Their MAT model is primarily a Nurse Care Manager Model. The team includes primary care prescribers, licensed psychologists, social workers, and psychiatrists. Services are provided through group visits and 1:1 visits. Medication starts are largely done via home inductions.

EDCHC uses ASAM criteria to identify appropriate levels of care. They have established effective partnerships with CBOs and work with payors to financially sustain their MAT model.

EDCHC services include assessing for Adverse Childhood Events, patient advocacy, Pharmacy Program with Patient Assistance Program for medications, podiatry, behavioral health and referrals to collaborative organizations within the community.

Visit their website: <https://www.edcchc.org>

Family Health Centers of San Diego



Date: February 5, 2020

Location: San Diego, CA

MAT Services and Organization Description:

A nationally-recognized leader in the healthcare field, Family Health Centers of San Diego (FHCS) is one of the nation's top 10 FQHCs. They have more than 140,000 unduplicated patients seen each year through more than 862,000 clinic visits.

FHCS operates 48 sites throughout the county, including 24 primary care clinics (including 3 Mobile Medical Units), 9 behavioral health facilities, 2 outpatient substance use disorder (SUD) treatment centers, 13 clinic-integrated SUD sites, 3 clinic-integrated MAT sites (operating as a hub and spoke model with one hub and [currently] two spoke clinics), and a Homeless Navigation Center (operating as a hub and spoke model with one hub and three spokes). FHCS operates the County's only legally sanctioned mobile Clean Syringe Exchange Program, and two mobile mental health/SUD counseling centers. This provides unique insight into, and access to, opioid misusers.

Since early 2016, FHCS has operated a highly effective, harm-reduction-based MAT program that was initiated at our Hillcrest Family Health Center (now our MAT "hub"), located in an area with high incidence of drug abuse, homelessness, and HIV/HCV infection. Given its resources, the program has a robust "whole-person focus" provided by an experienced multi-disciplinary team. FHCS's MAT program recently expanded to two additional clinic sites, including an integrated behavioral health site. The eventual goal is to expand to all of FHCS's primary care and behavioral health clinic sites.

The program is overseen by FHCS's Associate Director (AD) of SUD Services and the AD of Adult Psych. (who is board certified in Addiction Medicine, the Medical Director of FHCS's SUD Services department, and the CORE team's physician champion). It supports a growing cadre of 17 X-waivered providers. They are supported by the 30 staff members within SUD Services and numerous clinic staff at each MAT clinic location.

Visit Their Website: <https://www.fhcsd.org/>

Santa Cruz County Health Services Agency



Date: February 4, 2020

Location: Watsonville, California

MAT Services and Organization Description:

Santa Cruz County Health Services Agency has four primary care outpatient clinic sites and of these, three provide MAT: Homeless Persons Health Project, Santa Cruz Health Center, and Watsonville Health Center.

There are 21 waived prescribers across all three sites. Additional staff include 1 MAT program manager, 6 SUD counselors, and 3 nurses. The Watsonville site's MAT team includes 6 prescribers, 1 MAT nurse and 2 care managers. Several members of the team are bilingual.

Santa Cruz uses a harm reduction model and also focuses on providing motivational interviewing and integrated behavioral health care.

The MAT model is based on five tiers, covering induction, early treatment, stabilization, early maintenance and long-term maintenance. They also offer a range of group visits, some of which are offered in Spanish.

Santa Cruz is piloting a contingency management program and has shared their experience on an ATSH webinar.

Visit their website: <https://www.santacruzhealth.org/>

Venice Family Clinic



Dates: January 14, 2020 & February 11, 2020

Location: Santa Monica, California

MAT Services and Organization Description:

Venice Family Clinic (VFC) is an FQHC with a mission to provide quality primary health care to people in need. Founded in 1970, it has grown from a small storefront operation into a community health system with 10 clinic sites in Venice, Santa Monica, Inglewood, Mar Vista, and Culver City.

VFC serves over 25,817 men, women, children, teens, and seniors annually, with 114,633 primary care, specialty care, mental health, dental, and health education visits. Seventy-six percent of patients live below the federal poverty line and about one quarter of patients are uninsured. VFC is a respected and valued training site for 44 programs in the areas of medicine, mental health, social work, nursing, pharmacy, public health and health administration, and integrative medicine.

VFC embraces a harm reduction model for patients with substance use disorders. One point of access to VFC's substance use services is through medical services. VFC provides SBIRT and when a patient screens positive for any substance, a provider can refer the patient to the appropriate services (e.g., MAT, substance use counseling, therapy case management, care coordination services, support groups).

All substance use services at VFC are considered "low threshold" and are optional for patients. VFC has 19 providers who can prescribe medications, including naltrexone and buprenorphine, for those with AUD and OUD. VFC has a team of therapists, counselors and a case manager to assist patients in achieving their goals.

Visit their website: <https://venicefamilyclinic.org/>