



**Addiction Treatment Starts Here: Primary Care Site Visits Summer 2019**



# Instructions

## ATSH:PC teams should:

1. Read through the site visit information in this document.
2. Complete your team's preferences here on [formassembly \(https://www.tfaforms.com/4736027\)](https://www.tfaforms.com/4736027) by **Friday, May 10th**.
  - Site visits inspire and help you learn practical approaches from others, while giving you time as a team to strengthen your teamwork and taskwork. Your team will attend a site visit together; there isn't an opportunity to split your team across multiple site visits.
  - Site visits are optional. We encourage you to select *up to two individuals* from your core team that would benefit most from the site visit; at least one person should have decision-making authority to try out new ideas in your organization. Contact Tammy or Briana if you have questions about who should attend.
  - You'll be asked to share your rationale for your top choices so we can match expectations for what you hope to learn and what our site visits have to offer.

## CCI will:

3. Match teams to site visits by **Monday, May 20th**. You will be matched based on your preferences, alignment with your team's goals, and space available. You'll then receive registration information.

# General Site Visit Information

## General

Your team will be matched to *one* site visit, and two members of your team will be able to attend. Each site visit can hold between 8-12 individuals from our ATSH:PC network.

## Content

All host sites will review their organization's care team model, leadership structure, and MAT processes and systems. The structure of the site visits allow for Q/A, small group discussions, clinic tours, and opportunities to speak with different members of the care team. *Please note, Cherokee site visit is a two day training addressing the above topics and offered to organizations outside our cohort.\** You will have an opportunity to review and provide input on the agenda for the site visit you are attending.

## Logistics

- Breakfast or lunch will be provided at the site visit by the host organization.
- All travel costs (flights, hotel, other transportation and other meals) will be covered through your ATSH:PC grant award. CCI will *not* be reimbursing costs.
- All site visits will be a half day, (approx. 4-6 hours) except for Cherokee Health. (When saving the date, please allow ample travel time. More travel details will be provided once you've been matched with a site visit.)

# Site Visit Hosts



CommuniCare Health Centers  
Aug 13<sup>th</sup> and Aug 15<sup>th</sup>

El Dorado Health Center  
Aug 27<sup>th</sup> and Sept 5<sup>th</sup>

Contra Costa Health Services  
July 25<sup>th</sup>, August 7<sup>th</sup> and Aug 15<sup>th</sup>

Venice Family Clinic  
June 27<sup>th</sup> and July 26<sup>th</sup>

Cherokee Health Systems  
July 25<sup>th</sup> - July 26<sup>th</sup>

Boston Medical Center - July 17<sup>th</sup> and Aug 8<sup>th</sup>

# Boston Medical Center

**Dates:** July 17<sup>th</sup> and August 8<sup>th</sup>

**Location:** Boston, Massachusetts

## **MAT Services and Organization**

### **Description:**

#### **The Massachusetts Model for Office Based Addiction Treatment (OBAT)**

In 2003, Boston Medical Center established the OBAT Program, to address key barriers in integrating buprenorphine treatment in office-based practices. Nationally recognized and nationally replicated, the BMC OBAT Program has been treating patients for over 16 years using a collaborative care model that relies on nurse care managers to ensure delivery of high quality addiction treatment while effectively and efficiently utilizing the time of providers waived to prescribe buprenorphine.

Visit their website: <https://www.bmcobat.org/>



Dubbed the “Massachusetts Model,” BMC’s OBAT Program now serves as a model of service delivery for facilitating access to life-saving treatment and improving treatment outcomes in patients with opioid use disorders. BMC’s OBAT Program, integrated into its primary care and specialty outpatient clinics, enables patients to receive care for substance use disorders similar to the way that other chronic medical conditions are managed. BMC’s OBAT Program in Primary Care currently serves over 800 patients at any given time and is the largest hospital based opioid treatment program in New England.

The BMC OBAT model is effective at increasing access to evidence based treatment for addiction as well as improving the quality of care provided to patients with substance use disorders. Under BMC's leadership the STATE OBAT Program treated over 16,000 patients for substance use disorders in 2017.

# Cherokee Health Systems



**Date:** July 25<sup>th</sup> – July 26<sup>th</sup>

**Location:** Knoxville, Tennessee

## **MAT Services and Organization**

### **Description:**

Cherokee Health Systems (CHS) is an innovator and nationally-recognized leader in integrated care, embedding behavioral health providers alongside primary care providers to provide the full range of patient care. In 2016, CHS took the next step in the evolution of the care model and embedded addiction medicine providers within the existing integrated care structure to offer comprehensive outpatient services, including medication and behavioral therapy, to patients suffering from the disease of addiction.

The addiction medicine service (AMS) at CHS operates within the framework of the integrated model of care, providing substance use disorder care up to the American Society of Addiction Medicine (ASAM) Level 2.1 treatment placement, intensive outpatient (IOP) with medication management.

The clinic staff includes addiction medicine specialists, primary care providers (PCP), behavioral health consultants (BHC), registered nurses, community health coordinators (CHC), pharmacists, and certified peer recovery specialists (CPRS). The AMS provides behavioral therapy in group and individual encounters, management of acute and chronic medical conditions, psychiatric medication management, medication-assisted treatment (MAT) for substance use disorders, CHC support for addressing social determinants of health, and referrals to specialist healthcare providers internal and external to the organization as clinically indicated. This is a two day site visit that will include organizations from other states. The site visit will be about 50 people. During the two days, there will be an opportunity for ATSH attendees to meet separately with the Cherokee team to ask questions and have small discussions.

Visit their website: [www.cherokeehealth.com](http://www.cherokeehealth.com)

# CommuniCare Health Centers



a california *health+* center

**Date:** August 13<sup>th</sup> and August 15<sup>th</sup>

**Location:** Woodland, CA & West Sacramento, CA

## **MAT Services and Organization**

### **Description:**

CommuniCare Health Centers (CCHC) is a private non-profit organization and a Federally Qualified Health Center located in Yolo County providing comprehensive primary medical and dental care, behavioral health services, substance use treatment, health education, and ancillary patient services through three main clinic sites located in Davis, West Sacramento and Woodland, an additional five satellite sites, and through outreach services in communities throughout Yolo County. CCHC was founded in 1972 and has continuously provided accessible, affordable comprehensive health care services including behavioral health and substance use disorder services. CommuniCare focuses on providing services to meet the needs of the population of culturally diverse, low income, uninsured and underinsured residents of Yolo County.

CCHC is the primary mental health and substance use provider for Juvenile-Justice involved Youth and CalWORKS and is the primary outpatient provider of Medication Assisted Treatment and Outpatient Drug Medi-Cal Services within Yolo County. CCHC offers Outpatient Substance Use Services, Intensive Outpatient Substance Use Services and Perinatal Intensive Substance Use Services, along with MAT services. Outpatient MAT is primarily delivered through a Nurse Care Manager Model.

CCHC's Behavioral Health Department currently has a staff of 87, including Professional and Non-professional staff who are licensed, registered, or certified. In 2018, CCHC served 1 out of 8 Yolo County residents, provided 134,326 visits to 27,038 unique individuals. 31% of total visit provided at CCHC were behavioral Health/Substance Use services.

Visit their website: <https://www.communicarehc.org/>

# Contra Costa Health Services



**Date:** July 25<sup>th</sup>, August 7<sup>th</sup>, and August 15<sup>th</sup>

**Location:** Concord, California

## **MAT Services and Organization**

### **Description:**

Contra Costa Public Health Clinic Services, in collaboration with Behavioral Health and CCRMC divisions of CCHS, offers a Medication Assisted Treatment (MAT) Program called "Choosing Change". The program utilizes a harm reduction approach when working with their patients and uses buprenorphine/naloxone (Suboxone) as their primary treatment medication.

Visit their website: <https://cchealth.org/>

The program consists of Mental Health Clinical Specialists, Registered Nurses, Community Health Workers, and Providers (MDs and NPs) who lead the county in providing medication management with buprenorphine/naloxone in combination with recovery based support groups. Choosing Change brings patients suffering with Opiate Use Disorder together in a safe environment to address emotions, identify coping skills, and give patients a sense of empowerment and autonomy to build a strong foundation for recovery. During group visits, Choosing Change staff work as a multidisciplinary team to meet patients' diverse needs. In addition to groups, patients may request one-on-one time with the Choosing Change provider, nurse, and/or mental health clinician.



# El Dorado Health Center

**Date:** August 27<sup>th</sup> and September 5<sup>th</sup>

**Location:** Cameron Park, California



## **MAT Services and Organization**

### **Description:**

El Dorado Community Health Center serves approximately 9,000 patients each year in El Dorado County. The center's focus is to provide exceptional health care for every age. They accept most private insurances, Medi-Cal, Medicare, Covered California, the under-insured, and those without insurance. EDCHC provides a full range of family practice services.

Visit their website: <https://www.edcchc.org>

EDHC MAT services are integrated into primary care and delivered through a multi-disciplinary team. Their MAT model is primarily a Nurse Care Manager Model. Their team includes primary care prescribers, licensed psychologists, social workers, and psychiatrists. They provide services through group visits, 1:1s visits, and they largely do home inductions. They use the ASAM criteria to identify appropriate levels of care, have established effective partnerships with CBOs, and work with their payors to financially sustain their MAT model. EDCHC services include assessing for Adverse Childhood Events, patient advocacy, Pharmacy Program with Patient Assistance Program for medications, podiatry, behavioral health and referrals to collaborative organizations within the community.

# Venice Family Clinic



**Date: June 27<sup>th</sup> and July 26<sup>th</sup>**

**Location: Venice, California & Santa Monica, California**

## **MAT Services and Organization**

### **Description:**

Venice Family Clinic is a FQHC with a mission to provide quality primary health care to people in need. Founded in 1970, it has grown from a small storefront operation into a community health system with ten clinic sites in Venice, Santa Monica, Inglewood, Mar Vista, and Culver City. VFC serves over 25,817 men, women, children, teens, and seniors annually, with 114,633 primary care, specialty care, mental health, dental, and health education visits. Seventy-six percent of patients live below the federal poverty line and about one quarter of patients are uninsured. The Clinic is a respected and valued training site for 44 programs in the areas of medicine, mental health, social work, nursing, pharmacy, public health and health administration, and integrative medicine.

Venice Family Clinic embraces a harm reduction model for their patients with substance use disorders. One point of access to VFC's substance use services are through medical services. VFC provides SBIRT services and when a patient screens positive for any substances a provider can refer the patient to the appropriate services such as medication assisted treatment, substance use counseling, therapy case management, care coordination services and/or support groups. All substance use services at VFC are considered "low threshold" and are optional to the patient. Currently Venice Family Clinic has 19 providers who can prescribe medications, including naltrexone and buprenorphine, for those who come to us with alcohol use and opiate use disorders. They have a team of therapists, counselors and a case manager to assist patients in achieving their goals.

Visit their website: <https://venicefamilyclinic.org/>