Addiction Treatment Starts Here: Behavioral Health

Kick-Off Webinar
May 30, 2019
Webinar Reminders

1. Everyone is muted.
   - Press *7 to unmute and *6 to re-mute yourself.

2. Remember to chat in questions!

3. Webinar is being recorded and will be sent out via email and posted to the program page!
Agenda

1. Welcome & Introductions
2. Addiction Treatment Starts Here: Behavioral Health
3. Program Expectations
4. Getting to Know One Another
5. Calendar + Resource Center
6. Pre-Work Preview
7. Questions + Answers
Welcome + Introductions
About The Center for Care Innovations (CCI)

At the Center for Care Innovations we ...

- Inspire innovation mindsets
- Cultivate & share best practices
- Build networks
- Enrich skills

So that our participants ...

- Boost their energy & confidence to work differently
- Embrace solutions that work
- Collaborate & learn from peers, experts & coaches
- Accelerate the pace of change

Who then transform their organizations by ...

- Creating a culture of innovation
- Improving systems of care and health
- Cultivating the workforce, turning doers into leaders
- Listening & engaging people in their community
- Adapting to the ever-changing health care environment

Strengthening the health and health care of underserved communities
Addiction Treatment Starts Here
We’re joining California efforts to combat the state’s opioid crisis

We Are
CCI
CENTER FOR CARE INNOVATIONS

We Help You
Boost your energy and confidence to work differently
Embrace solutions that work through virtual and in-person learning
Collaborate with your peers, experts, and coaches
Accelerate the pace of change
Build community

Goal
Increase access to medications for addiction treatment (MAT) — the use of FDA-approved medications in combination with counseling and behavioral therapies — for opioid use disorder.

CLINICAL TRANSFORMATION

PRIMARY CARE
Primary Care Health Centers

BEHAVIORAL HEALTH
Specialty Mental Health and Substance Use Disorder Treatment Providers

MULTI-SECTOR COLLABORATION

COMMUNITY PARTNERSHIPS
Community Opioid Coalitions

www.careinnovations.org/addiction-treatment-starts-here
Addiction Treatment Starts Here: Core Program Team

### Primary Care + Behavioral Health Collaboratives

- **Tammy Fisher**
  - Senior Director
  - tammy@careinnovations.org

- **Sandy Newman**
  - Principal, LSN Health Strategy
  - sandy@lsnhealthstrategy.com

- **Meaghan Copeland**
  - Program Consultant
  - meaghan@careinnovations.org

- **Briana Harris-Mills**
  - Program Coordinator
  - brianna@careinnovations.org

### Community Partnerships

- **Jennifer Wright**
  - Improvement Advisor
  - jennifer@careinnovations.org

- **Diana Nguyen**
  - Program Coordinator
  - diana@careinnovations.org
ATSH:BH Project Partners

- Content Partner: Cherokee Health Systems
- ATSH Coach: Shelly Virva, LCSW, FNAP, National Center for Complex Health and Social Needs, Camden Coalition of Healthcare Providers
- Project Evaluation: Hunter Gatewood, Signal Key Consulting
Addiction Treatment Starts Here: Behavioral Health
ATSH:BH Cohort At a Glance*

- Alameda County Behavioral Healthcare-SUD Div.
- Asian Health Services
- Chinatown Service Center
- Didi Hirsch Mental Health Services
- Fresno New Connection
- KCS
- LA Centers for Alcohol and Drug Abuse (L.A. CADA)
- Valley Health Associates

*This list is based on CCI’s recommendation. The grant award is not final until approved by the Tides Center CEO and Board of Directors.
ATSH:BH Cohort At a Glance

Organization Characteristics

• Demographics:
  • 8 teams in 5 counties across California
  • Participants include clinics of various sizes:
    • 2 teams serve > 300 patients
    • 4 teams serve 5,000 – 10,000 patients
    • 2 teams serve < 28,000 patients

• Several types of organizations:
  • 3 Outpatient Specialty Mental Health Clinics
  • 2 Outpatient Alcohol & Drug Treatment Clinics
  • 1 FQHC with an outpatient alcohol & drug treatment site
  • 1 County Health System
  • 1 Opioid Treatment Program
Increase access to MAT in behavioral health care settings by working with 8 specialty mental health and substance use disorder providers to design and implement medications for addiction treatment programs.
Key Objectives

- Spread access to MAT to more patients in specialty mental health and SUD settings
- Create a peer group for learning and innovation
- Facilitate the design and implementation of MAT programs
- Support organizations in identifying options for the financial sustainability of their MAT programs
Program Components

MAT Program Design + Implementation

1. In-person convenings
2. Site visits
3. Data portal and charts
4. On-Site and Ongoing Coaching and Technical Assistance
5. Toolkits, resources, and online forum
6. $50,000 grants
## Program Components Described

<table>
<thead>
<tr>
<th>Component</th>
<th>Description</th>
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<tr>
<td>3 In-Person Convenings</td>
<td>Peer sharing and best practice exchange, facilitated by CCI and national and peer experts. Each convening is 1.5 days.</td>
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<tr>
<td>On-Site and On-Going Coaching</td>
<td>Your clinic coach will work with you to learn more about your team and current capabilities and support your goals with targeted technical assistance.</td>
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<tr>
<td>Site Visits</td>
<td>Visit sites with mature MAT programs to learn about workflows, program development, and other programmatic elements.</td>
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<td>Webinars</td>
<td>Foster networking and deeper knowledge sharing on specific topics that emerge as priorities for ATSH:BH teams.</td>
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<td>Online Resource Center</td>
<td>A repository of tools and resources from the field and as shared by your peers.</td>
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<tr>
<td>Data Portal + Charts</td>
<td>Easily report on the project’s measures and view run charts to track your progress over time.</td>
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<tr>
<td>$50,000 Grants</td>
<td>Funding can be used to support attendance at learning sessions, offset staff salaries, program development costs, etc.</td>
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Cherokee Health Systems

• Cherokee Health Systems is a non-profit organization that provides primary care, behavioral health, and addiction services to over 70,000 people living across Tennessee.

• Cherokee Health Systems provides a continuum of behavioral health services, including:
  • Outreach and community collaboration (e.g., criminal justice), psychiatric medication management, peer support, care management, care coordination, MAT + group medical visits, extended outpatient and intensive outpatient and adjunctive group psychotherapy

Parinda Khatri, PhD
Chief Clinical Officer
Getting to Know One Another
Warm-Up: MAT Spirit Animal

What **animal** reflects your stage of MAT program development?
Team Warm-Up: MAT Spirit Animal

• What animal reflects your stage of MAT program development?
• In 1 – 2 minutes, each team shares:
  • Your clinic’s name
  • Your team member’s names
  • Clinic type (e.g., specialty mental health, SUD, etc.)
  • Your spirit animal
  • Why you picked it

Tadpole!

Opossum!
Program Expectations
Participation Requirements

- Engaged Leadership
- Reporting Data on Measures
- Peer Sharing
- Continuity & Dedicated Team
- Active Participation
- Willingness to Experiment
# The Give & The Get

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<tr>
<th>Give</th>
<th>Get</th>
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<tr>
<td>▪ Commitment to start, improve and/or expand MAT in your site</td>
<td>▪ Access to technical assistance and experts to help you design your program</td>
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<td>▪ Establish a core team, with a minimum of an x-waivered clinician, project manager, and senior leader</td>
<td>▪ Participate in a learning community that optimizes peer sharing</td>
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<tr>
<td>- Core team attends all in-person learning sessions</td>
<td>▪ Coaching</td>
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<td>- Core team meets regularly</td>
<td>▪ Site visits to learn from peers</td>
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<tr>
<td>▪ Share your experiences and tools with others</td>
<td>▪ $50,000 per site to offset travel expenses to in-person sessions</td>
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<td>▪ Submit data on small measure set (quarterly)</td>
<td>▪ Online resource center</td>
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Elements of an Effecting Coaching/Clinic Partnership

- Establishing a **warm, listening, collaborative relationship** with the MAT team and to have a point of contact is essential!

- An effective coach understands how specialty mental health and substance use disorder systems operate.

- The initial site discussion will allow the coach to get to know the team, hear concerns and priorities, make a complete needs assessments and develop a working plan with you.

- Availability of the MAT coach for ad hoc questions or a quick case review keeps things moving and builds confidence. **A coach must be a good problem solver for systems challenges and for the challenges in patient care.**

- Clinics usually want help with designing achievable goals based on their current infrastructure, improving workflow, developing treatment agreements, billing, clinic culture and policies and procedures.
Calendar + Program Page
Mark Your Calendars! Major Events!

- June 3: Pre-Work Webinar
- June 24: Program Measures Webinar
- July 10 – 11, 2019: Learning Session 1 (Downtown Oakland)
- March 18 – 19, 2020: Learning Session 2 (location tbd)
- July 22 – 23, 2020 Learning Session 3 (location tbd)

**July 10:** 12:00 pm – 5:00 pm (lunch and registration at 11:00 am; networking hour at 5 pm)

**July 11:** 8:30 am – 4:00 pm (breakfast and registration at 8:00 am)
## Project Calendar

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<tr>
<td><strong>May 15</strong></td>
<td><strong>Quarterly Data Submission Due</strong></td>
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<tr>
<td>Project Kick-Off!</td>
<td>Grant Installment 3 Released ($20,000)</td>
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<tr>
<td><strong>May 15</strong></td>
<td>Grant Installment 1 Released ($5,000)</td>
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<tr>
<td><strong>June 3</strong></td>
<td>Pre-Work Webinar</td>
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<tr>
<td><strong>June 24</strong></td>
<td>Data Portal (program measures) Webinar</td>
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<td><strong>June 28</strong></td>
<td>Capability Assessment Due (template released on June 10)</td>
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<tr>
<td><strong>July 1</strong></td>
<td>Storyboard Due</td>
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<tr>
<td><strong>July 10 – 11</strong></td>
<td>Learning Session 1 (Oakland)</td>
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<tr>
<td><strong>July 30</strong></td>
<td>Grant Installment 2 Released ($15,000)</td>
</tr>
<tr>
<td><strong>July 31</strong></td>
<td>Quarterly Data Submission Due</td>
</tr>
<tr>
<td><strong>October 15</strong></td>
<td>Quarterly Data Submission Due</td>
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Addiction Treatment Starts Here: Behavioral Health Program Page

Navigation: Activities & Action Items | Learning Sessions | Webinars

Hello, Addiction Treatment Starts Here: Behavioral Health (ATSH: BH) Teams!

This section of the website provides information on ATSH: BH activities, including webinars, learning sessions, and program reporting requirements. More information on these activities and action items is included below.

Visit: https://www.careinnovations.org/atshbehavioralhealth-teams/
Check **Activities & Action Items** for updates about upcoming webinars, events, and more. This is where we’ll include registration links, pre-work assignments and other “to-dos.”
Pre-Work Preview
What’s On Monday’s Pre-Work Webinar

- Capability Assessment
- Storyboard
- Program Measure Set (highlights, more detail on data submission process provided to your data point person on the June 24th webinar)
Questions + Answers
Thank you!

For questions contact:

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Sandy Newman  
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