Many children experience stressful life events, such as bullying or witnessing violence in their community. Over time, if these experiences continue they may affect a child’s health and wellbeing; a process known as “toxic stress”. We are using this tool in our clinic to positively affect the overall health and well-being of children and parents/caregivers.

\*\*\*The information you choose to disclose or not disclose in this form will be kept confidential between you and your child’s health care provider. \*\*\*