

## Letting Patients Lead: Language, Listening, and Learning



Michael Mabanglo, PhD, LCSW, has spent the last two decades practicing his passion of servicing the underserved by leading and collaborating as a team to implement and demonstrate improvement in the delivery of integrated behavioral health services within primary care setting. He has served as a faculty member for a Medicaid Managed Care Plan's multi-year innovative practice transformation initiative, whose main objective was to develop a network of multi-disciplinary, integrated complex care teams based at FQHCs, safety net primary care clinics, county mental health and AODP sites, and chronic pain specialty clinics.

As the former Director of Integrated Behavioral Health at FQHCs, and as a member of the executive team, Michael has worked closely across clinical and operational departments to lead and train multi-disciplinary teams in implementing MAT, chronic pain, psychiatry, diabetes and depression care management programs. In addition to routinely obtaining and monitoring PHQ-9 scores, Michael implemented a client-centered outcome informed approach (FIT/PCOMS) in the EHR to improve care. Currently, as a part-time integrated behavioral health clinician, Michael provides patient consultation and brief treatment at am FQHC in Sonoma County.

His favorite interests are enjoying the outdoors hiking with his partner and three adult children, talking with his geriatric golden doodle and cats, and deepening his mindfulness self-compassion practice.