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Mapping Your ABHE Journey: Determining Your Route & Packing Tools for Success

Learning Session 1 Participant Agenda

Thursday, December 2, 2021 | 9am-1pm (PST)

Participant Objectives

By the end of this session, participants will have...

- Made connections with other teams and identified shared opportunities and goals across the cohort.
- Cultivated a vision for integrating belonging as a core value in the ABHE program.
- Determined at least one facilitator and one driver that will support change efforts within their organization.
- Identified and developed draft elements of the Project Roadmap.

Session Speakers

- Juliane Tomlin, *ABHE Program Director*
- Parinda Khatri, PhD, *ABHE Clinical Director*
- Denise Armstorff, *ABHE Coach and Quality Improvement Consultant*

Center for Care Innovations Staff

- Juliane Tomlin, *CCI Program Director*
- Juan Carlos Piña, *CCI Program Manager*
- Lydia Zemmali, *CCI Program Coordinator*
- Weslei Gabrillo, *CCI Events Coordinator*
- Meaghan Copeland, *CCI Program Manager*
- Sonia Sedova, *CCI Senior Operations Coordinator*

Meeting Preparation

To prepare for this meeting, please complete the following pre-work with your team by December 2.

- Complete your improvement opportunities worksheet and team introduction slide.

Logistical instructions:

[Register](#) and use custom link to join the meeting. At the start of the session, make sure to:

- **Check your audio/video connection:** If you are calling in by phone, enter your participant ID (your ID shows at the top of your zoom screen). Do this by pressing #number# on your phone (ex: #24#).
- **Re-name yourself:** It's helpful to know who's joining us and from where, so that we can direct you to the correct breakout group. Hover over your name in the participant list and click "Rename."
- **Turn on your video:** If you can be on video, we'd love to see you!



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	Welcome: Gather and Connect
9:00am – 9:30am	<i>Juan Carlos Piña</i> will start the event by reviewing the event agenda, defining learning objectives, and opening breakout rooms for teams to casually mingle.
	Networking: Get to Know Your Cohort
9:30am – 9:45am	<i>Teams</i> will have an opportunity to connect, learn, and share about each other using their Team Introduction Slide.
	Belonging, Dignity, and Justice (BDJ) in Action
9:45am – 10:15am	<i>Juliane</i> will walk through CCI's BDJ values and anchor <i>Belonging</i> as a focal point as we begin to put our values into practice in the ABHE program.
	Meditative Guided Stretch Break
10:15am – 10:30am	<i>Sonia</i> will lead a guided stretch break and teams will have time to recharge.
	Behavioral Health Equity: A Starting Point for Change
10:30am – 11:15am	<i>Parinda</i> will discuss the importance of small and incremental progress to achieve sustainable change for equitable behavioral health integration.
	Lunch Break
11:15am – 11:40am	<i>Teams</i> will have time to stretch, refresh, and grab lunch.
	Developing Your Roadmap
11:40am – 12:45pm	<i>Denise</i> will review principles of quality improvement and guide teams in developing their aim statements.
	Closing and Next Steps
12:45pm – 1:00pm	<i>Lydia</i> will close the event by facilitating a post-event reflection activity, share upcoming dates, and review key activities.
