

PLACE LABEL HERE



FAMILY HEALTH CENTERS
OF SAN DIEGO

MAT Treatment Agreement for Buprenorphine

As a participant in buprenorphine treatment for opioid use disorder, I agree to the following:

1. I have read, understood and signed a Family Health Centers of San Diego (FHCS D) Patient Consent for Buprenorphine Treatment.
2. I agree to complete and sign all necessary releases of information for my health records with FHCS D to permit coordination of my healthcare within FHCS D and with outside treatment providers, when necessary.
3. I agree to participate in an assessment of my needs for substance use treatment, medical and/or mental health services.
- 4. I agree to participate in weekly group refills during the Induction and Stabilization phase of treatment.**
5. I agree my goal is to stop misusing addictive and/or illicit drugs during my treatment with buprenorphine (Suboxone).
6. I agree to arrive 30 minutes early for all scheduled appointments or notify FHCS D in advance to reschedule, except in case of emergency. I understand that appointments with providers may need to be rescheduled if I arrive late.
7. I agree to submit urine screens prior to each scheduled medication appointment. I will submit to scheduled and/or random testing including observed urine screens upon request. Failure to comply will result in notation of a positive urine screen in my health record.
8. I understand buprenorphine without counseling is not sufficient treatment for my substance use disorder. I agree to participate in counseling, as discussed and agreed upon with my healthcare provider(s). I understand my participation in counseling is required to continue to receive buprenorphine.
9. I agree to establish an individualized treatment plan and regularly assess progress towards goals with my primary counselor.
10. I agree to attend sober support meetings, if assigned, such as Alcoholics Anonymous, Narcotics Anonymous, SMART Recovery®, religious affiliations, etc.
- 11. I understand my buprenorphine will only be given at scheduled appointments.** A missed appointment may result in my waiting until the next scheduled visit to get my buprenorphine. I understand early refill of my buprenorphine is not possible.
12. I agree the buprenorphine I receive is my responsibility. I agree to keep it safe and locked securely away from others, especially infants, children and animals. I understand buprenorphine is extremely dangerous for infants, children and animals. They can stop breathing and die after taking in tiny quantities of this medication. I understand that I can call Poison Control at 800-222-1222 if a child is exposed to buprenorphine. I understand that I can call ASPCA Poison Control at 888-426-4435 if an animal is exposed to buprenorphine (an ASPCA consultation fee may apply). I agree if my buprenorphine is lost, stolen, destroyed or damaged, I will attend an appointment with my physician to discuss the possibility of replacement.

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- 13. I agree not to obtain buprenorphine, other opioids or benzodiazepines (for example, Valium®, Klonopin®, or Xanax®) from any other healthcare providers, pharmacies, or other sources without telling my treating physician.
- 14. I understand taking buprenorphine with benzodiazepines (for example, Valium®, Klonopin® or Xanax®), can be dangerous. I also understand death has occurred among persons taking buprenorphine with large quantities of alcohol or other types of sedatives, such as barbiturates and benzodiazepines.
- 15. I agree not to sell, share, or give any of my buprenorphine to another person.
- 16. I agree not to sell, share, give or buy illicit drugs at any FHCS D facility, parking lot, or surrounding neighborhood.
- 17. I agree not to sell, share, give or buy illicit drugs at any pharmacy, its parking lot, or surrounding neighborhood where I obtain my buprenorphine.
- 18. I agree to adhere to random pill/film counts to confirm treatment compliance whenever asked to do so.
- 19. I agree violating any part of this treatment agreement may result in no longer receiving treatment with buprenorphine and/or I may be referred to another level of care.
- 20. I agree to follow all FHCS D policies and I understand violations of FHCS D policies may result in my discharge from the MAT program and/or FHCS D.
- 21. I understand that if I take other opioids while taking buprenorphine, I may not get high from the other opioids because buprenorphine blocks their effect. I understand that if I keep using larger amounts of other opioids to try to get high, I could stop breathing and die (opioid overdose).
- 22. I understand my success in treatment may include, but is not limited to, freedom from intoxication, improved physical and psychosocial functioning, and adherence to the treatment plan.
- 23. I understand once I have reached the maintenance phase of the program, I may be referred to another FHCS D location to receive my medication and substance use disorder counseling.

I consent to the above terms and to begin treatment with buprenorphine.

Patient Signature

Date_____

Print Name

Date_____

Physician Signature

Date_____

Print Name

Date_____