



Client Name _____

Date _____

The presence of at least 2 of these symptoms indicates an Alcohol Use Disorder (AUD) or Substance Use Disorder (SUD). The severity of the AUD/SUD is defined as: **Mild:** The presence of 2 to 3 symptoms. **Moderate:** The presence of 4 to 5 symptoms. **Severe:** The presence of 6 or more symptoms.

1. **Substance is often taken in larger amounts or over a longer period than was intended. Yes ___ No ___**
Had times when you ended up drinking/using more, or longer than you intended?

2. **There is a persistent desire or unsuccessful efforts to cut down or control substance use. Yes ___ No ___**
More than once wanted to cut down or stop drinking/using, or tried to, but couldn't?

3. **A great deal of time is spent in activities necessary to obtain alcohol or drugs, use of substance, or recovery from its effects.**
Yes ___ No ___

Spent a lot of time drinking/using? Or being sick or getting over the aftereffects?

4. **Craving, or a strong desire or urge to use alcohol and/or drug... Yes ___ No ___**

Experienced craving — a strong need, or urge, to drink/use?

5. **Recurrent substance use resulting in a failure to fulfill major role obligations at work, school, or home. Yes ___ No ___**

Found that drinking/using — or being sick from drinking/using — often interfered with taking care of your home or family? Or caused job troubles? Or school problems?

6. **Continued substance use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of alcohol and/or drugs.**

Yes ___ No ___

Continued to drink/use even though it was causing trouble with your family or friends?

