SUMMIT Treatment Plan

DATE	GOAL	OBJECTIVE	BARRIERS ADDRESSED	STRENGTHS	ACTION STEPS	TIME FRAME	DISPOSITION
M.A.T.				1 1 1		CHAMMET Chaff Comments	
Interested in being abstinent? 1 2 3 4 5 6 7					9 10		SUMMIT Staff Counselor
							Patient Signature

Date

How ready are you to change your relationship with alcohol/drugs?

