Team Definition Exercise

CP3 Toolkit: Building and Strengthening the Care Team

This exercise was developed by Carolyn Shepherd, formerly of Clinica Family Health in Colorado. It can be used with staff to help identify care team roles.

1. **Draw a picture of who is on your care team.**

2. **What are you best at? What is the most challenging?**
   - Team culture
   - Team structure
   - Clear roles and responsibilities
   - Staff work independently
   - Patients are part of the team
   - Teams have regular dedicated time
   - Continuous training
   - Career ladders to support new skills

3. **Draft Pick:** who would you add next?

Completed picture from Clinica Family Health:

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**Draft Pick:**
(1) 5 FTE PharmD every team; (2) Scribing solution (MAs), (3) Substance abuse counselor?