

Join our new Wellbriety Texting for Better Care Program!



Please call **J. Carlos Rivera**
at **(916) 341-0576 x 2210**
if you have any questions.

Stay on top of your recovery with text messages from the Sacramento Native American Health Center.

Disclaimer: Text messages do not provide diagnosis or treatment and are intended for general information purposes. The text messages are not a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your primary care provider with any questions you may have regarding medication, medical conditions or treatment. This is a free service but your text messaging service plan does apply and you will be charged from your service provider if you go over your monthly text message limit. All names of participants will be kept confidential. **SNAHC WILL NOT BE RESPONSIBLE FOR ANY UNWANTED TEXT CHARGES.**

YES! Sign me up for the SNAHC Wellbriety Texting for Better Care Program.

- I understand that I can cancel this program at any time to stop receiving texts.
- I understand that I will receive periodic text messages from SNAHC.

Name: _____ Phone #: _____

Signature: _____

No thank you! My name is _____ and
I am not interested in participating because.....

