

# Missions at WCHC

**FOR PATIENTS**

# Missions for patients

- **GETTING TO KNOW YOU BETTER:** We are interested in finding out more about what makes you unique and special. We think our relationship with you is our most important tool in accompanying you in your health journey. Anything that will give us a more complete understanding of who you are will allow us to be better in what we do! We think using pictures to help you tell your story is different and more interesting - and it should be fun!
- **HOPE:** We are interested in finding out more about what makes you unique and special. We think our relationship with you is our most important tool in accompanying you in your health journey - we want to get a better picture of who you are to enhance that relationship. Diving a little deeper and understanding more about your sources or meaning, hope, comfort, strength, peace, and love will allow us to have a more complete picture of what drives your health and what you look to for motivation and support.
- **MY SUPPORT:** We all need support in our life. We think knowing more about your support system is really important to giving you the best care as your health team. Tell us more! Where do you go for comfort, advice, encouragement, or just to lean on in hard times. Could be a family member, caregiver, trusted friend or neighbor. Or even a pet. We want to know.

# Missions for patients

- **HEALTH GOAL I - INSPIRATION:** Congratulations - you are investing in your health by creating a health goal!  
What inspired you make this goal?  
Sometimes we are inspired by an important event or circumstance - the birth of a child, a new relationship, or a new diagnosis.  
Maybe you take medication for an illness and you want to find other ways to treat it.  
Maybe you want to feel better, or look better.  
Whatever it is, we want you to show us more using pictures.
- **HEALTH GOAL II - CHALLENGES:** With any important goal, there are always challenges that we will face along the way. Let's be honest – sometimes changing our health is difficult. To be successful in any goal, it is really important to think about what challenges you might face. Busy or unpredictable schedules; remembering to do it; motivation to be consistent; trouble getting started. Whatever it is, planning ahead will often allow you to be more successful at reaching your goal.  
Use this mission to explore these challenges and potential solutions. You have the ability to do this – we are excited to be part of this journey with you.
- **HEALTH GOAL III - SUPPORT:** We all need support when we are doing anything important – it is no different in changing our health. Use this mission to explore ways that you could get support to reach this goal. Maybe it is a walking buddy, or a reminder call. Maybe it is putting a picture on the refrigerator that reminds you of why you made this goal. Maybe it is someone who will hold you accountable to your goal on a weekly basis. Whatever it is, we want to know about it. We want to be one of your biggest cheerleaders!

# The Mission:

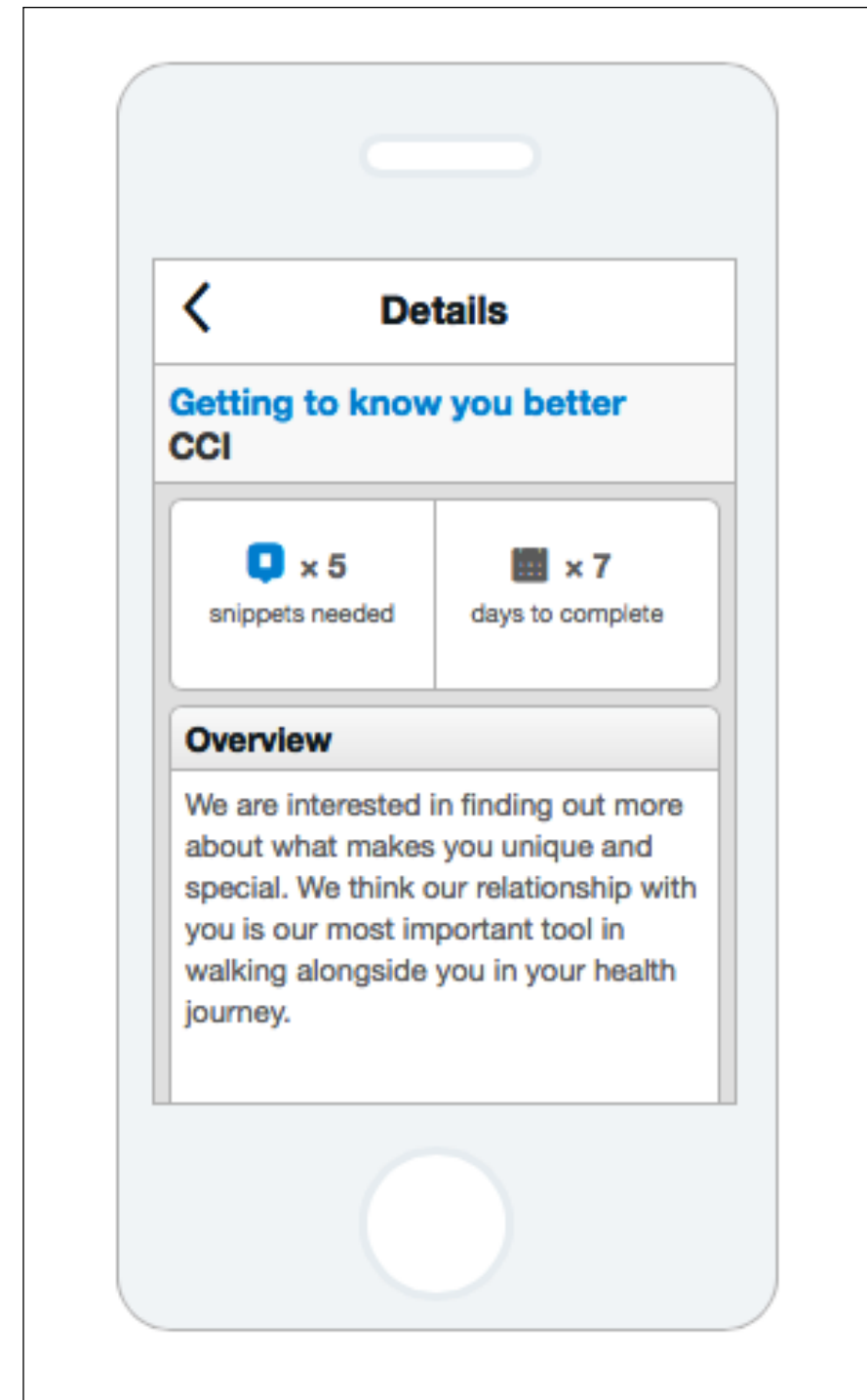
## *Getting to Know You Better*

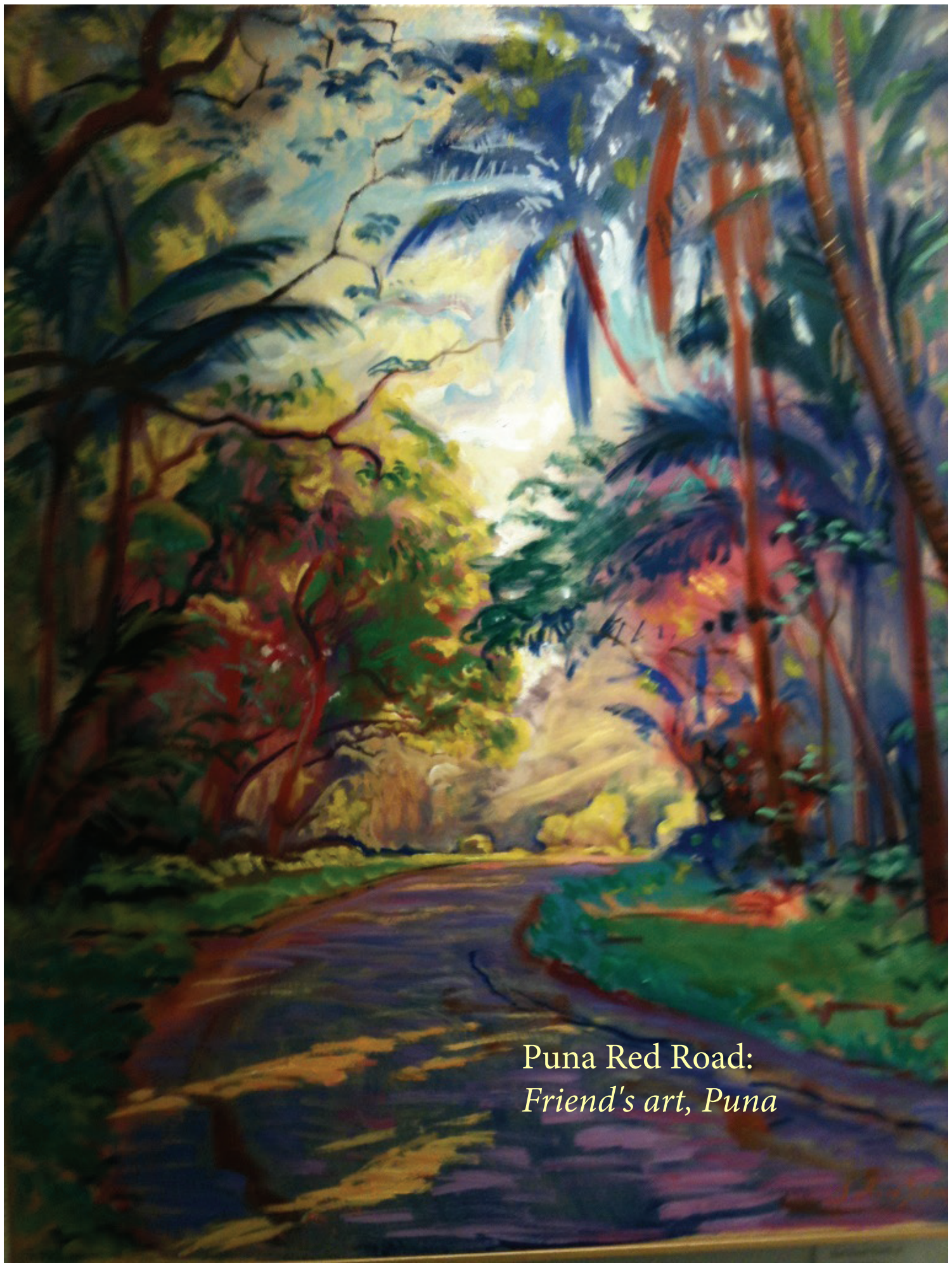
“We are interested in finding out more about what makes you unique and special. We think our relationship with you is our most important tool in accompanying you on your health journey. Anything that will give us a more complete understanding of who *you* are will allow us to be better in what we do to serve you!

We think using pictures to help you tell your story is different and more interesting  
– and it should be fun!”



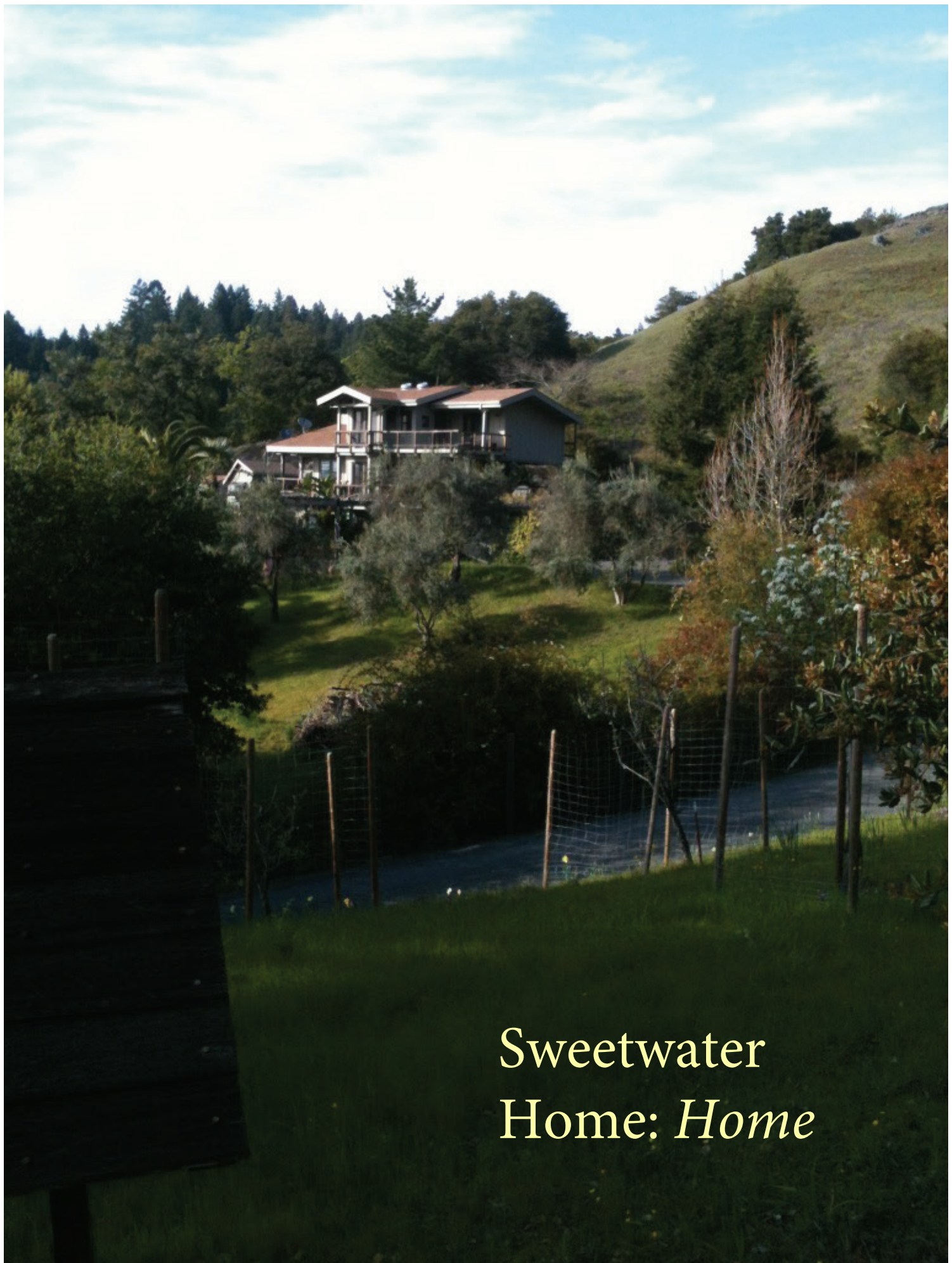
Dwight C.





Puna Red Road:  
*Friend's art, Puna*





Sweetwater  
Home: *Home*





Ricki: *New puppy*



Aloha Escape: *Tropical warmth*



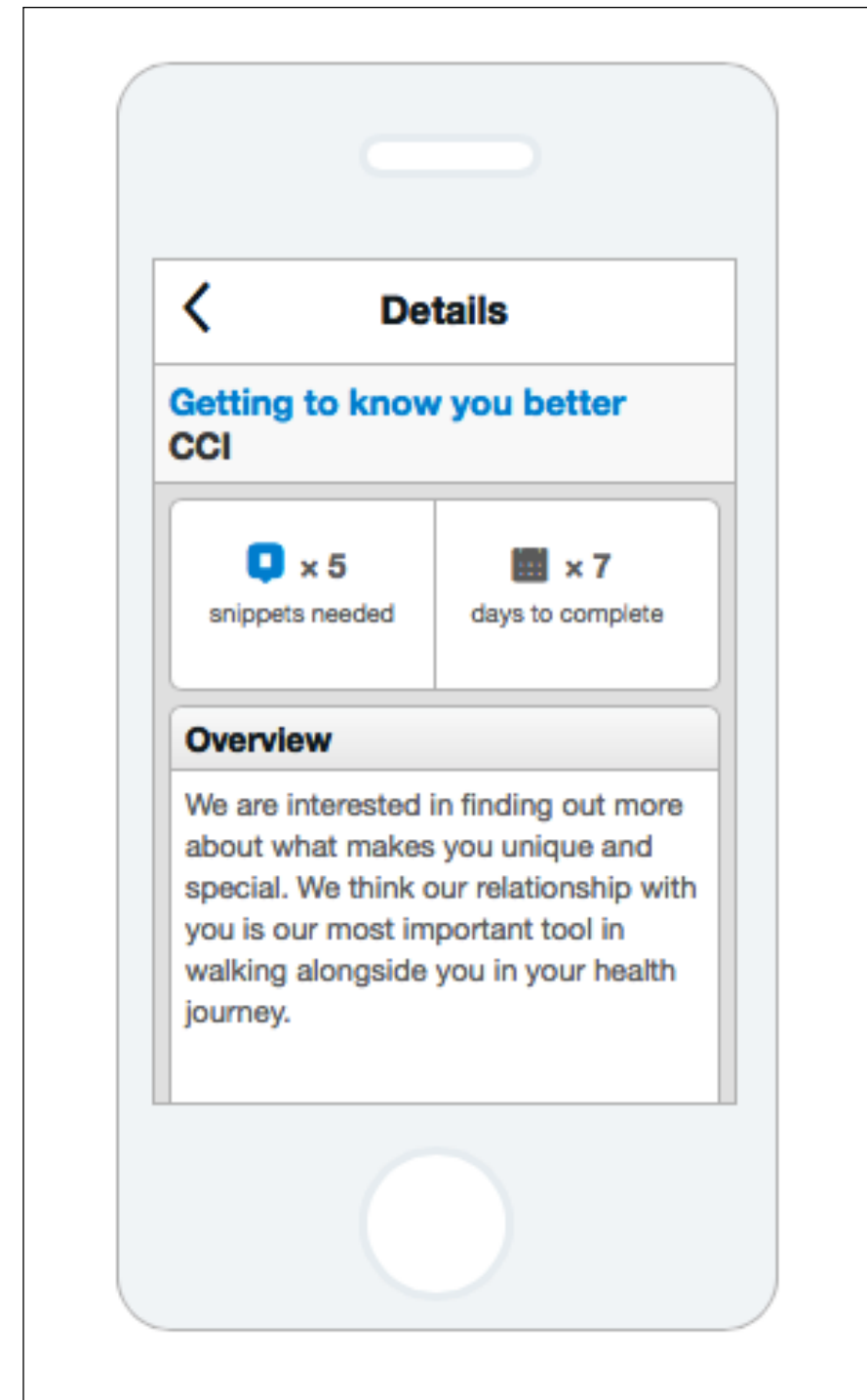


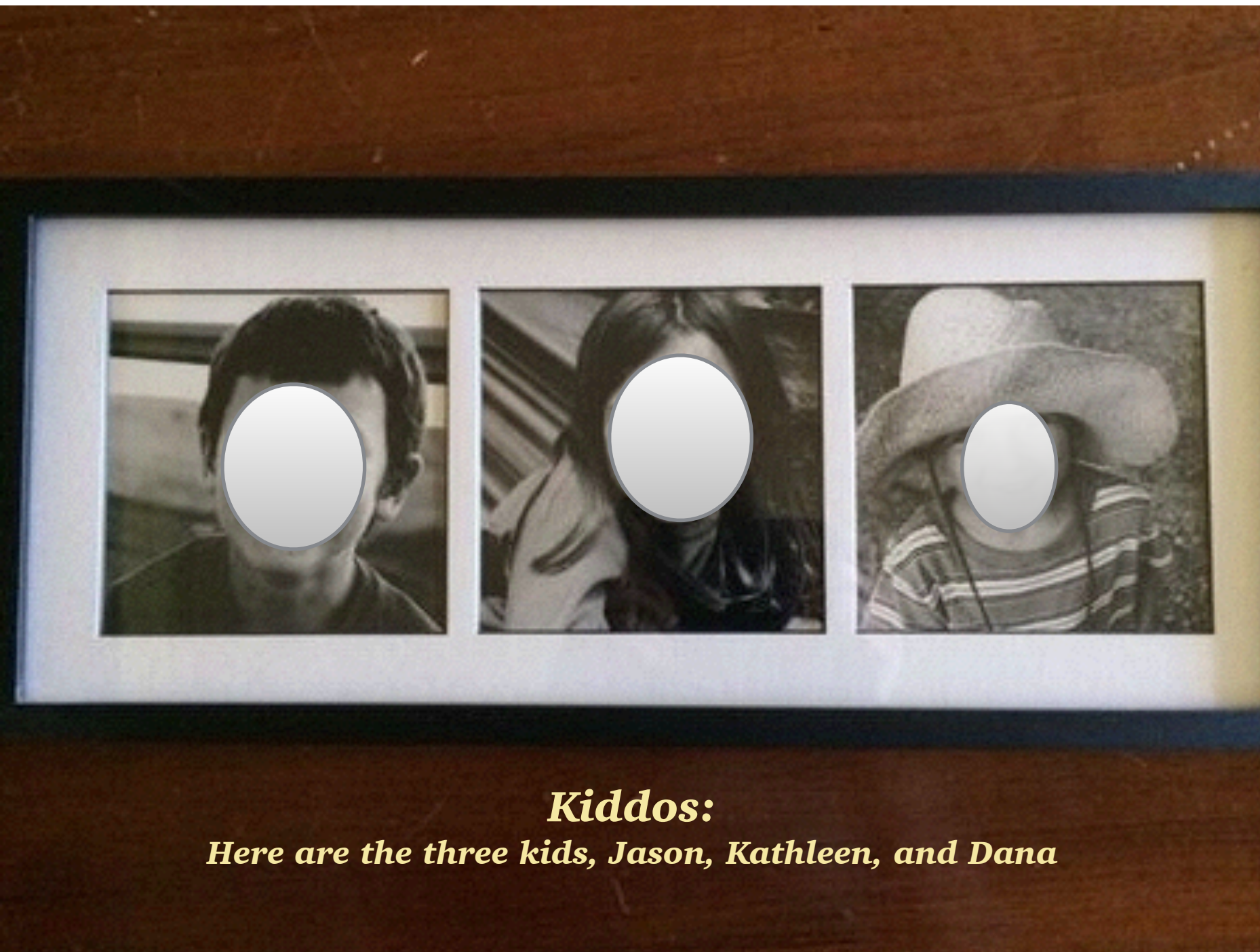
Furlong Beach: *Joy at the ocean*





Mary F.





***Kiddos:***

*Here are the three kids, Jason, Kathleen, and Dana*

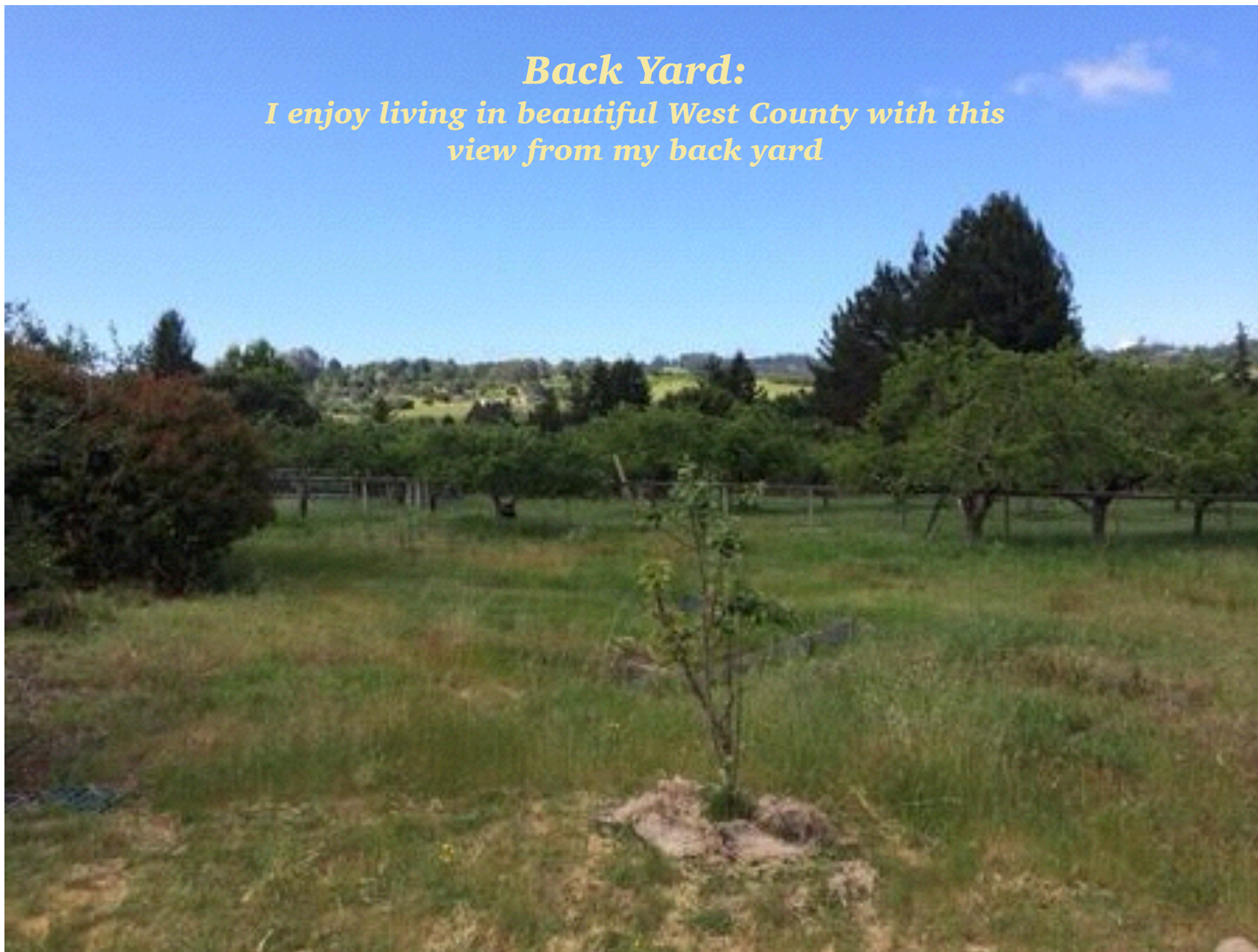


**Garden:**  
*The main project around our house lately has been preparing and caring for the vegetable beds*





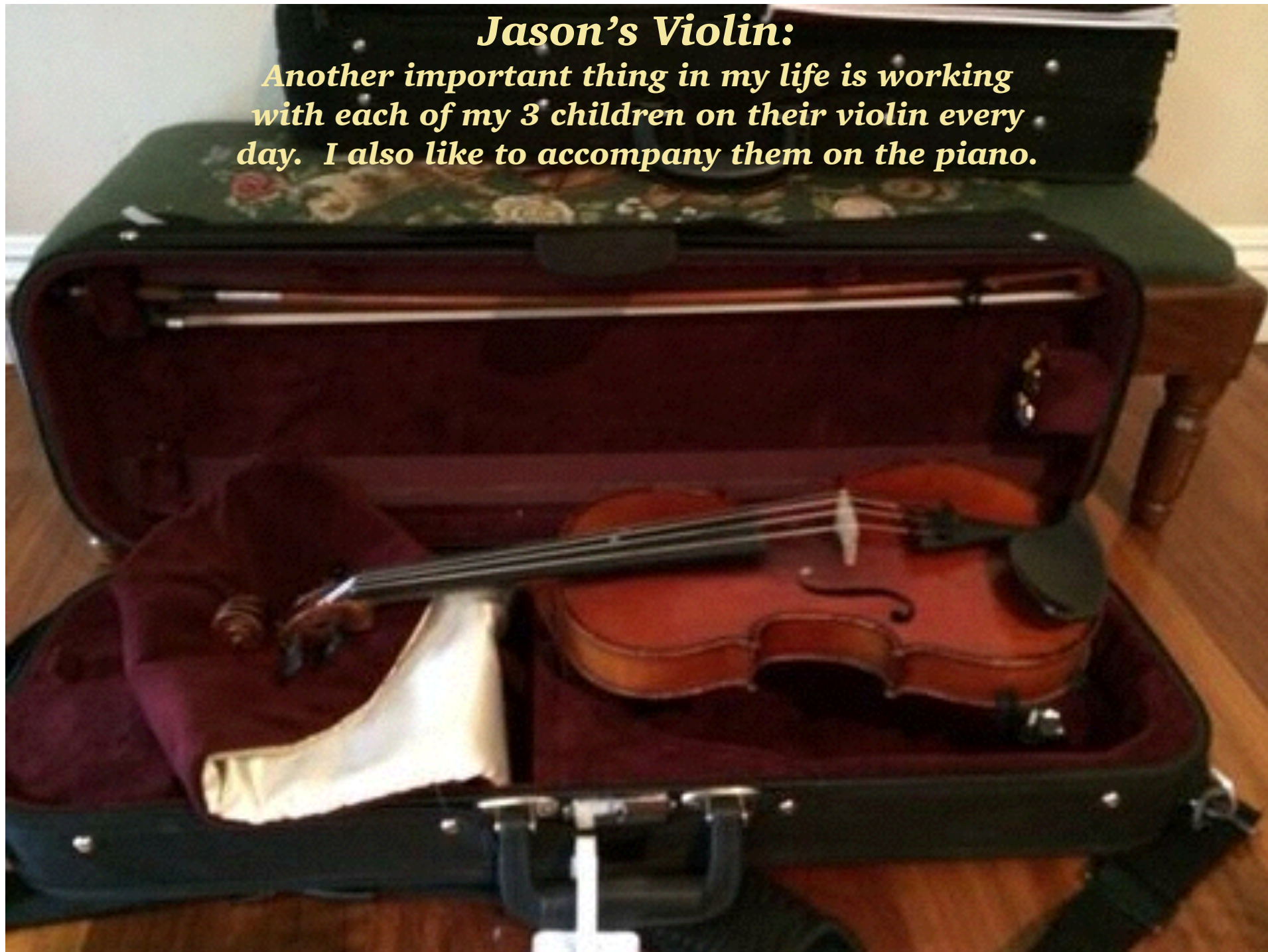
***Back Yard:***  
*I enjoy living in beautiful West County with this  
view from my back yard*





### ***Jason's Violin:***

***Another important thing in my life is working with each of my 3 children on their violin every day. I also like to accompany them on the piano.***





## *Piano:*

*I love to play the piano and have been trying to play more regularly — I've even decided to start taking lessons again, 20+ years after my most recent lesson.*

