Treating Addiction in the Primary Care Safety Net

Kick-Off Webinar

Friday, September 23, 2016
Program Team

PROGRAM SPONSOR
Kelly Pfeifer, MD
Director, High-Value Care
California Healthcare Foundation

Amina Temkin
Administrative Assistant
Center for Care Innovations

Susannah Brouwer
Operations Manager
Center for Care Innovations

Tammy Fisher
Senior Director
Center for Care Innovations

Hunter Gatewood
Owner
Signal Key Consulting
Advisory Group

Marty Adelman, MA, CPRP – Health Quality Partners
Katie Bell, RN, RN-BC CARN PHN – Chapa-De Indian Health
Yolanda Briscoe, M.Ed., PsyD – Petaluma Health Center
James Gasper, PharmD, BCPP – California Department of Health Care Services
Keith Heinzerling, MD, MPH – UCLA Medical Center
Karen Lamp, MD – Venice Family Clinic
Nurit Licht, MD – Petaluma Health Center
Jean Marsters, MD – Lifelong Medical Care, California Society of Addiction Medicine
John Moroney, MD, MPH – Health Resources & Services Administration
Jon Perez, PhD – Substance Abuse and Mental Health Administration
Ken Saffier, MD – Contra Costa Regional Medical Center and Health Centers
Joe Sepulveda, MD – Family Health Centers of San Diego
Mike Witte, MD – California Primary Care Association
Today’s Agenda

1. How MAT Benefits Patients
2. Who’s in TAPC?
3. TAPC Gallery of Support
4. Program Expectations & Timelines
5. Questions
Why do we do this work?

2003 Patrick with his mother at an Easter dinner. Patrick was recuperating from surgery for a knee injury suffered during his sophomore wrestling season.

2013 Patrick Cagey’s final photograph, taken five days before he overdosed.
Why do we do this work?

Sue, fibromyalgia patient

*Photos courtesy Creative Commons*
Why Us?

I don’t have time

Not my job

I didn’t go into medicine to work with addicts

Not in my backyard
TAPC Participating Teams

Alameda Health System/Healthcare for the Homeless
Aria Community Health Center
Clinicas de Salud del Pueblo, Inc.

Contra Costa Health Services Department
El Dorado Community Health Center

Elica Health Centers
Family Health Centers of San Diego

Health Services Agency, County of Santa Cruz
La Maestra Family Clinic, Inc.

LifeLong Medical Care
Livingston Community Health

Los Angeles Christian Health Centers
Marin City Health & Wellness Center

Omni Family Health
Neighborhood Healthcare

Santa Barbara Neighborhood Clinics
Petaluma Health Center

Serve the People
Santa Rosa Community Health Centers

Vista Community Clinic
St. John’s Well Child and Family Center

Venice Family Clinic
West County Health Centers

Western Sierra Medical Clinic
What animal represents your MAT program today?
THE TADPOLE REPRESENTS THE INFANCY OF THE PROGRAM, THIS IS SOMETHING THAT IS COMPLETELY NEW TO OMNI FAMILY HEALTH SO WE ARE LEARNING AS WE GROW. AS WE DEVELOP NEW IMPLEMENTATIONS AND COLLABORATE AMONGST OTHER HEALTHCARE FACILITIES, EVENTUALLY WE WILL TRANSFORM INTO SOMETHING NOT LIMITED TO WATER BUT HAVE THE ABILITY TO ADAPT INTO OUR ENVIRONMENT.
Dr. Doolittle’s Pushmi-pullyu

In *The Story of Doctor Doolittle*, the pushmi-pullyu (pronounced push-me—pull-you) is a gazelle-unicorn cross. At LifeLong, it’s the animal of choice to represent the current state of our MAT program. We’re lucky to have interdisciplinary input, but are working to create a unified voice of action and determine a clear direction for our model of care and proceeding protocols.
• Opossum’s are rad, especially the rally possum. We are rad.
• The rally possum keeps your spirits up when you feel like you’re behind.
• Opossum’s, like our staff, are extremely motivated, going to great lengths to achieve its goals (usually eating, and we also like to eat).
• Opossums are street wise, not afraid to go under bridges in behind dumpsters to find what its looking for.
• Opossums are scavengers, like we do to collect/share resources and expand access to care.
Program Overview

Goal

To enhance the capability of CA HRSA-granted health centers to provide integrated substance use disorder (SUD) treatment services, specifically medication assisted treatment (MAT), and thereby reduce morbidity and mortality for patients with opioid addiction.

Structure

Health centers select from a menu of assistance options based on their needs, to supplement funding and support from HRSA.
Gallery of Technical Assistance

- 3 In-Person Learning Sessions
- Project ECHO
- Site Visits to Exemplar MAT Programs
- Online Program Resource Center
- Expert Coaching
- Monthly Webinars
- Buprenorphine Waiver Training Reimbursement
- Project ECHO
Nuts & Bolts: Project ECHO

Why?
- Provides regular access to peers and experts in the field, review difficult cases, focus on working through challenges

How?
- Subscription fees are covered if:
  - One person attends at least 9 out of the 12 webinars
  - At least two people attend 6 or more webinars
- Your TAPC team attends monthly 90 minute webinars

When?
- Offered November 2016 through October 2017
Key Elements of an ECHO session:

**Case Presentations/Questions**
- 2-6 Cases per ECHO session
  - Can be co-presented by PCP and BH Provider
  - Programmatic or clinical questions
  - Multi-disciplinary consultation available
  - Valuable for discussion and teaching
  - Total time = 1 hour

**Didactic Presentations**
- At least 6 per year
- Focused and topical
- By expert faculty
- Total time < .5 hour

**Cloud-based Teleconferencing Platform**
(Zoom©)
• Monthly 1.5 hour sessions
• ECHO faculty includes:
  FP MD Psychiatrist
  BH Clinician Substance Abuse Counselor
  Pharm-D RN
  MA
• Multi-disciplinary ECHOist team includes:
  • Medical providers
  • BH clinicians
  • Care team members - RN, MA

- Core Curriculum Didactic Topics
  • Addiction as a Brain Disease
  • Principles of Harm Reduction and Addiction as a Chronic Disease
  • Assessment of the Buprenorphine Patient
  • Buprenorphine Therapy: Induction, Stabilization, Maintenance
  • Psychosocial Treatment of Substance Use Disorders
  • Motivational Interviewing
  • Co-Occurring Substance Abuse Conditions and BMT
  • Toxicology Screening and Interpretation
  • Mental Health Co-Morbidities

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<th>Session Data</th>
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<td>Number of sessions</td>
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<td>Unique patients presented</td>
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<td>Total case presentations (new and follow-up)</td>
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<td>CHC, Inc. patients on buprenorphine</td>
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Nuts & Bolts: Monthly Webinars

Webinar Series:
California Society of Addiction Medicine

Coming soon to a computer near you!

Jean Marsters, MD
California Society of Addiction Medicine
Who?
- California Society of Addiction Medicine

What?
- Series of 12 monthly webinars on implementing MAT in primary care

Why?
- To help answer your most vexing questions...and because CHCF gave us a grant (no pharma funds!)

When?
- 4th Friday of every month starting in October, 12-1 pm PT

How?
- Watch live on CSAM website to receive free CME. Watch recorded on CHCF or CSAM websites with small fee for CME/CEU.
Catch us live!

1. Friday, 10/28/2016
2. Friday, 11/18/2016*
3. Friday, 12/16/2016*
4. Friday, 01/27/2017
5. Friday, 02/24/2017
6. Friday, 03/24/2017
7. Friday, 04/28/2017
8. Friday, 05/19/2017
9. Friday, 06/23/2017
10. Friday, 07/28/2017
11. Friday, 08/18/2017*
12. Friday, 09/22/2017

All sessions will be from 12-1 pm PT.
Calendar invitations for the webinars will be sent out to all program participants.
Nuts & Bolts:
In-Person Learning Sessions

Why?
- Share best practices and challenges with each other
- “All teachers and all learners”

How?
- 3 sessions (2 in northern CA, 1 in southern CA)

When?
- October 19, 2016 (Northern CA)
- February 15, 2017 (Southern CA)
- June 14, 2017 (Northern CA)*

*Southern CA teams will be offered a nominal stipend to put towards the extra travel costs to northern CA for this third convening.
Why?
- Broadens understanding of addiction and MAT for clinicians and staff (including NPs and PAs who may choose to prescribe)

How?
- Organizations identify and participate in their preferred waiver training
- CCI reimburses organizations $1,000 for completed training and proof of at least one patient receiving MAT services

When?
- October 2016 through February 2018
Nuts & Bolts: Coaching by Experts

Why?
- Help determine the right MAT model for you
- Tailored guidance on MAT integration

How?
- Tailored coaching support (mostly phone-based, some in-person)
- Up to 40 hours per organization

When?
- Starting October 2016
Meet Your Coaches

Natasha Pinto, MD

Katie Bell, RN, RN-BC, CARN PHN

Jeffrey Seal, MD

Keith Heinzerling, MD, MPH
Nuts & Bolts: Site Visits

Why?
- Experience an effective MAT program in action!
- Ask questions to people doing the same work

How?
- Day long site visit to California health centers
- Interest form will be sent out later this fall

When?
- Early 2017
Give:

- Identify a team
- Participate in the three in-person learning sessions as a team
- Join two or more additional program activities – you select!
- Share your experiences and tools with others
- Submit your HRSA quarterly progress report
- Participate in a 45 minute program end interview to share your experience in the program
- Time commitment depends on your goals and selected technical assistance

Get:

- Select help based on your needs
- $5,000 to offset travel expenses to in-person sessions
- Participate in a learning community that optimizes peer sharing
How do I get started with these great opportunities?!

Program leads will receive an email early next week with:

- Summary and next steps for TA options presented
- CSAM webinar dates
- Request form for coaching
- Request form to participate in Project ECHO
Next Steps

- **Project leads:**
  - Be on the lookout for the TA summary email next week
  - Sign-up for coaching and Project ECHO if desired
  - Confirm your team members with Susannah via email

- Register for the In-Person Learning Session #1 on October 19

- Let us know what we can do to make this program work for YOU!

**IMPORTANT PROGRAM DATES**

- **Program Duration**
  - September 2016 - February 2018

- **Kick-Off Webinar**
  - September 23, 2016, 10-11 am PT

- **In-Person Learning Session #1**
  - October 19, 2016

- **In-Person Learning Session #2**
  - February 15, 2017

- **In-Person Learning Session #3**
  - June 14, 2017
Questions?
Thank you!

For additional questions contact:

Susannah Brouwer, Operations Manager
susannah@careinnovations.org

Tammy Fisher, Senior Director
tammy@careinnovations.org