Clinica Family Health in Boulder, Colorado defines the benefits of empanelment and describes components of establishing empanelment in a clinic setting.

• Why Panel Care Teams and Providers?
  o There is a limit on the number of patients one provider or one care team can care for
  o Panel size drives demand: Patient access to care depends on correctly matching patient demand with appointment supply
  o Balance and predict workload
  o Allows for measurement
  o Allows for development of relationships (aka continuity) between patient and provider/care team
    ▪ Improved patient satisfaction!
    ▪ Improved staff satisfaction!
    ▪ Improved health outcomes!

• What affects the number of patients a care team or provider can care for:
  o Time out of the office (e.g., vacation, PTO, CME, call, hospital, nursing home, meetings)
  o Provider or care team “in-clinic” FTE
  o Appointment Length
  o Number of times a patient seeks care per year

• Creating Panels: Determining Demand
  o Define an “Active Patient” for your practice
    ▪ Is it a patient seen in the last 12 months, 18 months or 24 months?
    ▪ Does one number underestimate or overestimate?
  o Determine number of active patients for your practice
  o Determine how many times, on average your patients come in per year: # of patients seen per 12-18-24 months / # of visits generated

• Creating Panels: Determining Capacity
- “In-clinic FTE”: this is FTE when the provider or care team is scheduled to see patients
- How many patients can the provider or care team see in a given day based on appointment length
- Number of days in clinic seeing patients per year