# Patient Activation Worksheet

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| Round | Description of Patient | PAM Statement | What implications do you think this has on this patient’s health? | How might a care team use this information in their interventions? |
| 1 | This patient has **hypertension**, and they have rated this statement as a **“Strongly Disagree.”** |  |  |  |
| 2 | This patient has **diabetes**, and they have rated this statement as a **“Strongly Agree.”** |  |  |  |
| 3 | This patient has **hypertension**, and they have rated this statement as a **“Disagree.”** |  |  |  |